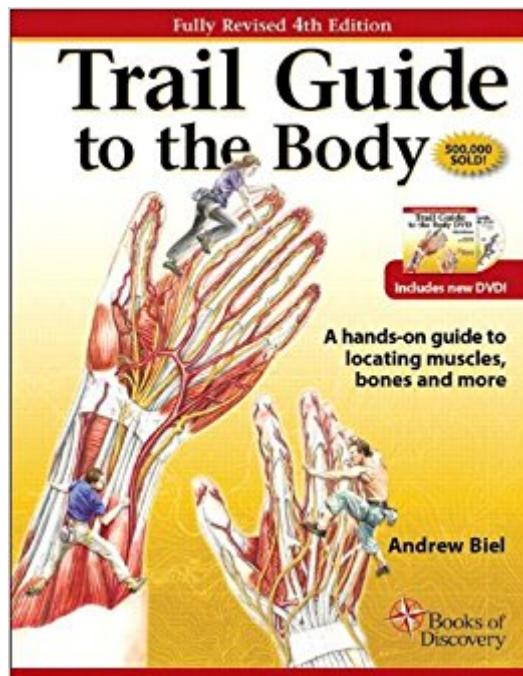


The book was found

Trail Guide To The Body (4th Edition)



Synopsis

Trail Guide to the Body is the most effective and engaging way to master palpation and musculoskeletal anatomy. Now, the new 4th Edition offers even more • new illustrations, practical tips, more kinesiology and a complimentary DVD that brings palpation to life! • Included for the first time with the textbook • a complimentary DVD for practicing palpation! Author Andrew Biel coaches students on palpation in this dynamic 3-hour complimentary DVD. It covers 79 muscles, key bony landmarks and includes more than 200 illustration overlays. Trail Guide to the Body is a highly recommended textbook for the state licensing tests administered by both the National Certification Board for Therapeutic Massage and Bodywork (NCBTMB) and the Federation of State Massage Therapy Boards (FSMTB) and is one of only five books on their official examination reference lists.

Book Information

Spiral-bound: 434 pages

Publisher: Books of Discovery; 4th Revised edition (September 1, 2010)

Language: English

ISBN-10: 0982663404

ISBN-13: 978-0982663400

Product Dimensions: 8.9 x 0.9 x 10.6 inches

Shipping Weight: 2.6 pounds

Average Customer Review: 4.7 out of 5 stars 329 customer reviews

Best Sellers Rank: #22,940 in Books (See Top 100 in Books) #13 in Books > Health, Fitness & Dieting > Alternative Medicine > Massage #56 in Books > Textbooks > Medicine & Health Sciences > Allied Health Services > Physical Therapy #61 in Books > Medical Books > Allied Health Professions > Physical Therapy

Customer Reviews

Trail Guide is an essential reference for any hands-on healer. --Thomas Myers, Rolfer, trainer of Structural Integration, author of Anatomy Trains-Myofascial MeridiansNice integration of multiple anatomical components, such as anatomical terms, surface anatomy, palpations and information on muscles and anatomical structures. --James E. Leone, M.S., LAT, ATC, CSCS, Clinical Assistant Professor, Clinical Education CoordinatorTo use it is to love it! I will recommend the text and adopt it into my course material. --Dr. James Kellogg, Florida A&M University --This text refers to an out of print or unavailable edition of this title.

Author: Andrew Biel is a licensed massage therapist. He has served on the faculties of Boulder College of Massage Therapy and Ashmead College, and taught Cadaver Studies for Bodyworkers at Bastyr Naturopathic University. Illustrator: Robin Dorn is an artist, illustrator and licensed massage practitioner. She specializes in bodywork illustration and exhibits her work on the West Coast and in France. --This text refers to an out of print or unavailable edition of this title.

I bought this Trail Guide workbook to go along with the text book. So far, I am loving both! The workbook (as is the textbook) is in spiral format, which I really like as the book will lie flat and the pages stay where they are placed. It follows along with the text as far as the contents go. There are lots of illustrations, fill in the blank, label the parts, and 'describe the action' type activities. The answers are provided in the back of the book. My plan is to really learn the material though, so I won't look at the answers until the exercise is complete! The price tag of \$24.95 seems at first glance, a little steep for a workbook, but it really isn't. There is a ton of helpful information that coordinates with the text, in this workbook. I highly recommend both books.

My functional anatomy class used the corresponding text book that this work book goes along with. I am very pleased with this purchase and have found it very helpful for studying! I would definitely recommend this workbook!

This is THE best book! Great explanations, and even has online tools with mp3s, palpation videos, and overlay images! I'll own this book forever! I understand why I can't find a used one, because I'll never sell mine!

This book is great for learning anatomy, especially if you get the flash cards with it! They both show each muscle as part of the whole system and each one individually and discuss the insertion, origin, and action. Also discuss all the sections of each bone, very user friendly and easy to follow

Highly recommend for physical therapy, occupational therapy, or almost anybody else in the allied health professions. Landmarks, palpation, and anatomy all included in this AWESOME BOOK! Not sure what has changed since the previous edition, I suspect not much, and I haven't seen any from peers who own the third edition. Based on this, buy the previous edition and save some money.

Was thinking of sending it back, but realized that the shipping fee would be taken off the purchase price, material inside is worth keeping, however not as in depth as Trail Guide to the Body is and no student workbook is included which is disappointing.

love this workbook. you can color it but I use it mostly to label since I already have an anatomy coloring book. I use both together to reference the body's muscle's and joint labeling. It really does help keep me up with massage therapy work and the body itself, and even has me learning some new things I didn't learn while in massage therapy school!

I bought this for massage therapy. It is so entertaining. The author makes complicated information fun and easy to grasp. The side notes are fun as well. Great book and great seller. Thanks!

[Download to continue reading...](#)

BODY BUTTER: Homemade Body Butter Recipes - 30 DIY Body Butter Recipes For Softer, Healthier, And More Radiant Skin (Body Butter, Body Butter Recipes, natural remedies) A guide to Morija: Including self-guided walking tours of historic Morija Mission, mountain "lakes" trail, dinosaur footprints trail, Makhoarane trail Pacific Crest Trail Data Book: Mileages, Landmarks, Facilities, Resupply Data, and Essential Trail Information for the Entire Pacific Crest Trail, from Mexico to Canada Inca Trail, Cusco & Machu Picchu: Includes Santa Teresa Trek, Choquequirao Trek, Vilcabamba Trail, Vilcabamba To Choquequirao, Choquequirao To Machu ... Inca Trail, Cusco & Machu Picchu) Hiking Tennessee Trails: Hikes Along Natchez, Trace, Cumberland Trail, John Muir Trail, Overmountain Victory Trail, and many others (Regional Hiking Series) Tennessee Trails: Hikes Along the Appalachian Trail, Trail of the Lonesome Pine, Cherokee National Forest Trail and Many Others Trail Guide To The Body (4th Edition) Your Body, Yourself: A Guide to Your Changing Body (Your Body, Your Self Book) Appalachian Trail Guide to Tennessee-North Carolina, 11th Edition (Appalachian Trail Guides) A Guide to the North Kaibab Trail (Grand Canyon Trail Guide Series) Alpe-Adria Trail: From the Alps to the Adriatic: A Guide to Hiking through Austria, Slovenia and Italy (Bradt Travel Guide Alpe-Adria Trail: From the Alps to the Ad) Appalachian Trail Guide to New Hampshire-Vermont/With Maps (Appalachian Trail Guide Series) North Bend Rail Trail: A Trail Guide and Historical Guide Metacomet-Monadnock Trail Guide: A Trail Guide with Maps of the 117 Mile Long Distance Foot Path Through the 3 County-Pioneer Valley Region of Western ... & the Monadnock Region of S. W. New Hampshire The Bath and Body Book: DIY Bath Bombs, Bath Salts, Body Butter and Body Scrubs Intermittent Fasting: Make Your Body Burn Fat For Fuel Everyday, Optimize Muscle Mass, Hormones And Health. Decrease Insulin Resistance And Body

Fat (intermittent ... fasting for weight loss, lean body.) Calisthenics: 30 Minutes to Ripped - Get Your Dream Body Fast With Body Weight Exercises and Calisthenics (Calisthenics, Body Weight Training, Bodyweight Strength) Homemade Organic Skin & Body Care: Easy DIY Recipes and Natural Beauty Tips for Glowing Skin (Body Butters, Essential Oils, Natural Makeup, Masks, Lotions, Body Scrubs & More - 100% Cruelty Free) Body Scrubs: 30 Organic Homemade Body And Face Scrubs, The Best All-Natural Recipes For Soft, Radiant And Youthful Skin (Organic Body Care Recipes, Homemade Beauty Products, Bath Teas Book 1) BODY TALK: The Body Language Skills to Decode the Opposite Sex, Detect Lies, and Read Anyone Like a Book (Body Language Decoded)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)